



ABOUT US



Welcome to 4Paws Rehabilitation & Wellness Clinic!

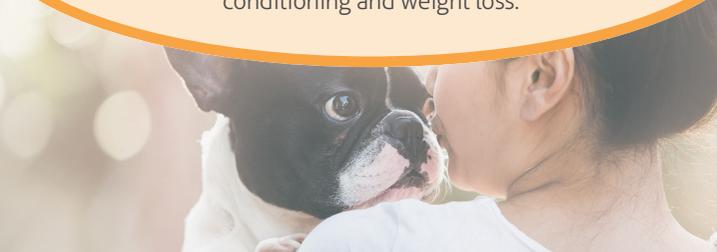
We're proud to offer canine rehabilitation services to pets in Prescott and the surrounding communities, and we're the only veterinary practice in the area offering a number of services from a certified rehabilitation therapist and staff.

Our owners, Dr. Leonda Armstrong and her husband, Jim David, are passionate about pet health care. They also own Circle L Animal Hospital in Chino Valley, where Dr. Armstrong is a veterinarian, and Hassayampa Canine Resort & Spa. Dr. Armstrong is particularly interested in canine rehabilitation and eastern medicine treatments, and she is certified in canine rehabilitation and acupuncture.

4Paws Rehabilitation & Wellness Clinic believes that all dogs deserve to live comfortable lives. To help them do so, we offer many options for pet wellness care and injury treatment. In addition to traditional rehabilitation services, we also focus on whole-animal wellness with eastern medicine services like:

Acupuncture, Laser Therapy and Myofascial Massage

These treatments all promote healing and encourage overall wellness. Plus, our underwater treadmill therapy programs are great for strength building, conditioning and weight loss.



ASSISI LOOP

At 4Paws Rehabilitation & Wellness Clinic, we're proud to offer advancements in pet healthcare technology to our pet clients. Inflammation reduction is a critical early step in the healing process, and to help with this, we offer the Assisi Loop®. The Assisi Loop is an innovative device that greatly reduces inflammation without the use of invasive procedures.

The Assisi Loop uses low-level pulses of electromagnetic energy to reduce inflammation and pain and to enhance and speed recovery. The device is portable and easy to use, and it can be used at the clinic or at home to supplement in-office treatments.

The Assisi Loop does not interfere with other standard treatment procedures or pain management programs, and, in fact, it's most successful when used in conjunction with other treatments. It is especially effective in combination with laser therapy, acupuncture, chiropractic treatments and medications that reduce pain and inflammation.

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We are accepting referrals for canine rehabilitation and orthopedic therapy services. For more information about 4Paws Rehabilitation & Wellness Clinic, or if you are interested in referring a client for rehabilitation care at our facility, please call us!

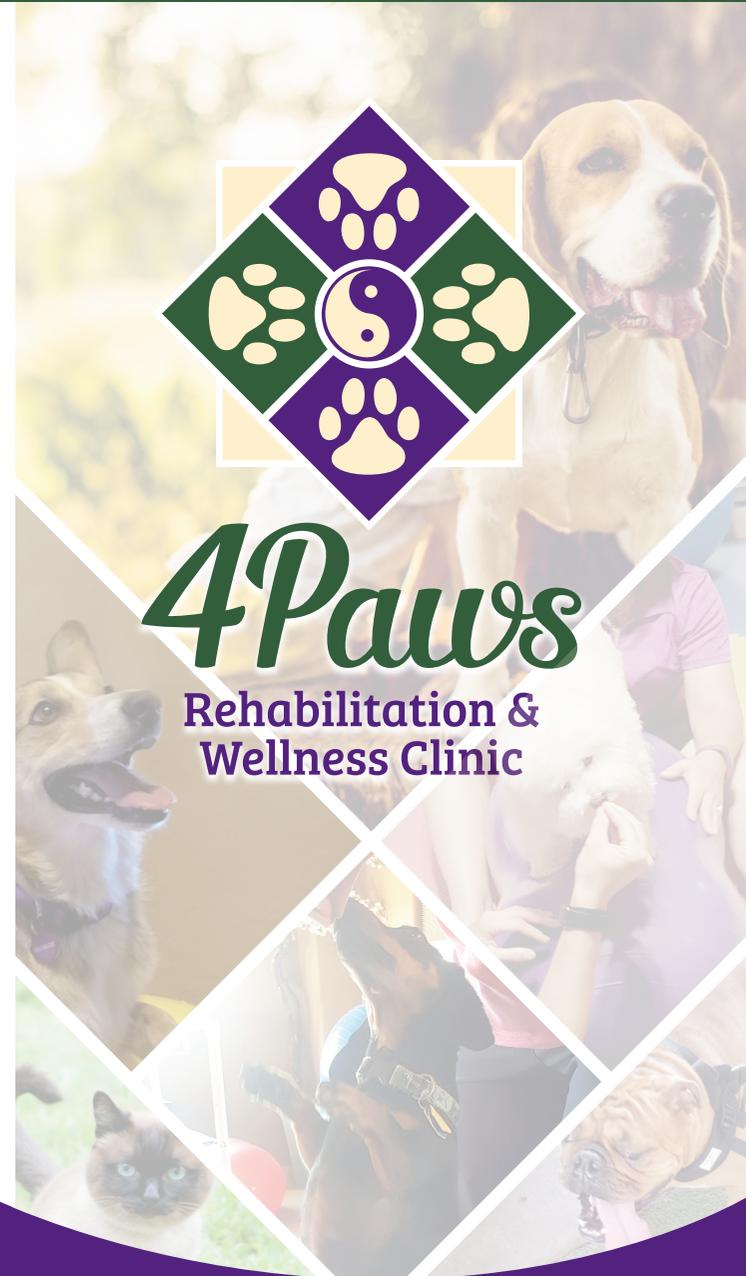


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4pawsrehabclinic.com

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4Paws

Rehabilitation & Wellness Clinic

Canine Rehabilitation • Water Therapy
Acupuncture • Alternative Medicine



CANINE REHABILITATION AND WATER THERAPY

Animals benefit from canine rehabilitation in many ways. The use of therapeutic exercises, water therapy, muscle work, joint manipulations, other alternative therapies can improve function and ability for normal, day-to-day activities, and they can provide pain relief, improved mobility, improved quality of life, weight loss, conditioning and basic exercise. We regularly treat the following conditions, in addition to many more, with canine rehabilitation and conditioning exercises:

**Hip Dysplasia • Elbow Conditions • Disc Conditions
Muscle Strains and Pulls • Athletic Injuries • Arthritis**

Choose your pet's rehabilitation specialist carefully. Legitimate canine rehabilitation specialists, including our staff at 4Paws Rehabilitation & Wellness Clinic, undergo numerous hours of training and testing to become certified. You should never see the words "physical therapy" associated with canine rehabilitation; this legally can only be used to describe human physical therapy. Legitimate, certified animal rehabilitation specialists will be aware of this.

UNDERWATER TREADMILL

The underwater treadmill is a great addition to canine rehabilitation services. It's most useful for dog patients who come to 4Paws Rehabilitation & Wellness Clinic with injuries that make them reluctant to bear weight on any or all of their limbs. The buoyancy of the water encourages them to use their legs on the treadmill and reduces stress on their joints. Regular use of the water treadmill can also encourage weight loss.

Water treadmills are used in human sports medicine regularly; top athletes use them to get their muscles, strength and fitness in tip-top shape. Water treadmills are relatively new in the canine rehabilitation industry, but they use the same technology as human water treadmills and encourage the same development of muscles, strength and fitness in dogs.



ACUPUNCTURE

Alternative medicine treatments, like acupuncture, are at the forefront of veterinary medicine, and 4Paws Rehabilitation & Wellness Clinic is proud to offer them to you! Acupuncture is an effective treatment that has been used on humans for thousands of years, and it can offer our pets similar health benefits. Acupuncture can treat many ailments, from gastrointestinal and neurological problems, to allergies, to chronic muscular or joint pain. More information about our acupuncture treatments is available at 4pawsrehabclinic.com.



Acupuncture Uses & Benefits:

- **Relieve pain**
- **Improve circulation**
- **Decrease muscle spasms**
- **Stimulate nerves**
- **Boost the immune system**
- **Release endorphins and hormones**

Acupuncture is a pain-free, and low-risk way to maintain your pet's homeostasis—bodily balance—and general wellness. Acupuncture is completely safe and does not require anesthesia.

LASER THERAPY

Low-level laser therapy works by directing cold laser light to an injured or otherwise affected area of your pet's body. The light increases blood flow and stimulates the cells in the area, encouraging faster healing and reducing inflammation and pain.

Laser therapy can treat more specific ailments, including:

- **Postoperative pain and discomfort**
- **Neurological problems**
- **Chronic skin conditions**
- **Ear infections**
- **Arthritis**
- **Tissue injuries, sprains and strains**

Underwater Treadmill Physical Benefits:

- **Tissue repair**
- **Improved muscle tone**
- **Healing orthopedic, skeletal and neurological conditions**
- **Healing muscle, ligament and other soft tissue injuries**
- **Reduced swelling and edema (excess fluid)**
- **Reduced weight on joints, which reduces stress on those joints**
- **Developing and improving balance**
- **Speeding recovery from injury or surgery**
- **Improving general fitness, cardiovascular stamina and muscle tone**
- **Weight management**
- **Osteoarthritis pain relief**

The underwater treadmill is particularly useful for dogs with poor balance, cruciate ligament ruptures, neurological conditions and spinal conditions. It can also benefit dogs that do not particularly like water and are unlikely to participate in pool or spa therapy sessions.

Laser therapy is a very safe, pain-free, no-risk outpatient procedure requiring no anesthesia, and sessions typically last up to 20 minutes. Better yet, the therapy continues to fight pain and inflammation for up to 24 hours following treatment.